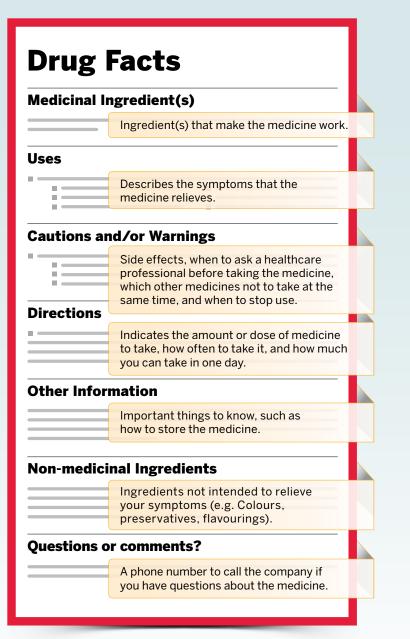
Understand your OTC medicine labels

Drug Facts help you understand how to choose and use your medicines responsibly



Keep your cartons

Why?

• The **Drug Facts** label on over-the-counter (OTC) medicine cartons, or the pull-out label on some bottles, contains **complete** warnings and product information



Read and follow the entire Drug Facts label

Why?

• The Drug Facts label contains **more than directions.** It includes other important information that could matter to your health

What else you can do

- If provided, use only the dosing device that comes with your medicine
- Take **ONLY 1** medicine that contains the **same kind of medicinal ingredient** at a time

Why?

 If you take more than 1 medicine with the same kind of medicinal ingredient, it can increase your chance of harmful side effects



Find tips, quizzes, and videos at **GetReliefResponsibly.ca**

Get Relief Responsibly®

The third-party trademarks used herein are trademarks of their respective owners. TYLENOL⁺, MOTRIN[®] and MOTRIMAX[™] 12 Hour are brands marketed by McNeil Consumer Healthcare. © Johnson & Johnson Inc. 2016 ETS-1185